

CDC 1 Daily Routine

8:00- 9:15am

Welcome Friends: Free Play

Blocks, Graphic Materials/ Art, Dramatic Play, Cars, Animals, Manipulative,
Sensory Materials- clay/ play dough or sand/ water

9:15 am

Diaper/ Wash Hands

9:15- 9:25 am

Clean- up: Songs

9:25- 9:35 am

Snack

Snack Clean-up

9:35- 9:45 am

Circle Time: Books & Songs

9:45-10:00

Transition Time- Walk to Playground

10:00- 10:25 am

**Gross Motor Time Outside of Classroom:
Playground, Walks, Narthex, Fellowship Hall**

10:25-10:35

Transition Time- Walk back to classroom

10:35- 10:45 am

Circle Time: Books & Songs

Time to set the intentions for the morning

10:45- 11:30 am

Small Group Time:

Art, Clay, Painting, Dramatic Play, Sensory, Science, Blocks, Cars, STEM

11:20-11:30 am

Clean-up & Transition Time

11:30- 11:45 am

Diapers/ Wash Hands / Prepare for lunch & nap

11:45- 12:15 pm

Lunch

12:15- 2:45 pm

Nap/ Rest Time

2:00- 2:45 pm

Quiet Play with Manipulative/ Diapers/ Wash Hands

2:45 pm- Snack

2:45- 3:00 pm

Clean-up Snack/ Transition Time

3:00- 3:45 pm

Gross Motor Time Outside of Classroom:

Playground, Walks, Narthex

3:45- 4:00 pm

Free Play/ Music Time/ Diaper Checks/ Pick-up Goodbyes